

## Curriculum Vita

### Leonard A. Doerfler, Ph.D.

Department of Psychology  
Assumption College  
500 Salisbury Street  
Worcester, MA 01609  
Phone: (508) 767-7549  
Fax: (508) 767-7263  
E-mail: [doerfler@assumption.edu](mailto:doerfler@assumption.edu)

### Education

Ph.D. University of Missouri-Columbia  
Columbia, Missouri (APA-Approved), 1982  
Major: Clinical Psychology

Dissertation Title: Coping with depression in college females:  
Identification of factors leading to success  
Advisor: C. Steven Richards, Ph.D.

Internship University of Mississippi Medical Center, VA Medical Center  
Consortium, Jackson, Mississippi (APA-Approved), 1981 - 1982

M.A. University of Missouri-Columbia  
Columbia, Missouri (APA-Approved), 1979  
Major: Clinical Psychology

Thesis Title: Self-control in the real world: A study of self-initiated  
attempts to self-control depression  
Advisor: C. Steven Richards, Ph.D.

B.S. University of Pittsburgh  
Pittsburgh, Pennsylvania, 1976  
Major: Psychology (Summa Cum Laude)

### Academic Appointments

**ASSUMPTION COLLEGE****1989 -  
Present**

Professor, Department of Psychology

2000-

Associate Professor, Department of Psychology

1994 - 2000

Director, Counseling Psychology Program

1997 -

Director, Aaron T. Beck Institute for Cognitive Studies

1999 -

Internship Coordinator, Counseling Psychology Program

1992- 2000

Assistant Professor, Department of Psychology

1989 - 1994

**UNIVERSITY OF MASSACHUSETTS MEDICAL SCHOOL****1987 -  
Present**

Adjunct Professor, Department of Psychiatry

2014 -

Center for Mental Health Services Research, Department  
of Psychiatry

2013 -

Adjunct Associate Professor, Department of Psychiatry

1995 - 2014

Adjunct Assistant Professor, Department of Psychiatry

1989 -1995

Assistant Professor, Division of Preventive & Behavioral Medicine  
and Center for Health and Fitness

1987 - 1989

**ST. VINCENT HOSPITAL**

Consulting Research Advisor, Center for Psychiatry

1996-2010

**AUBURN UNIVERSITY**

1982 - 1987

Assistant Professor, Department of Psychology (APA-Approved Clinical  
Psychology Training Program)**UNIVERSITY OF MISSOURI - COLUMBIA**

Instructor 1979 - 1980

### *Certification and Licensure*

Certified Cognitive Therapy Supervisor, Academy of Cognitive Therapy 2012 -

Diplomate and Fellow, Academy of Cognitive Therapy 2002 -  
(Admission to the Academy is based on demonstrated competence in cognitive therapy)

Licensed Psychologist and Health Care Provider, Massachusetts (License #4267) 1987- Present

Licensed Psychologist, Alabama (License #405) 1983 - 1987

### *Honors and Awards*

President-Elect, New England Psychological Association 2018 - 2019

President, New England Psychological Association 2019 - 2021

Fellow, Association for Behavioral and Cognitive Therapies 2015

Trustee of the Year, the Bridge of Central Massachusetts 2014

Assumption College President's Award for Excellence in Scholarship 2011

Trustee of the Year, the Bridge of Central Massachusetts 2011

Most Outstanding Poster Presentation, 15<sup>th</sup> Annual Conference of the National Hispanic Medical Association (along with M. Castiel & L. Fortuna) 2011

Fellow, Academy of Cognitive Therapy 2002

Who's Who in America, 48th Ed. 1994

Who's Who in Science and Engineering 2nd Ed. 1994

Who's Who in the East, 24th Ed. 1993

Graduate Teaching Award, University of Missouri-Columbia	1979
U.S. Public Health Service Trainee, University of Missouri-Columbia	1976 - 1977
Phi Beta Kappa, University of Pittsburgh	1976
B.S., Summa Cum Laude, University of Pittsburgh	1976
Knights of Columbus Scholarship, University of Pittsburgh	1972 - 1974

### **Professional Memberships and Activities**

Diplomate and Fellow, Academy of Cognitive Therapy	2002 -
Membership Committee	2009 -
Massachusetts/Rhode Island Association of Counselor Educators and Supervisors (MARIACES)	1997 -
MARIACES Treasurer	2000-2002
MARIACES President	2002-2006
Member, Society of Behavioral Medicine	1987 - 2000
Member, American Psychological Association	1977 -
Divisions of Clinical Psychology and Health Psychology	
Fellow, Association for Behavioral and Cognitive Therapies (formerly known as Association for Advancement of Behavior Therapy)	1977 -
President, New England Psychological Association	2019 - 2021

### **Editorial Responsibilities**

<u>Consulting Editor</u> , Child Psychiatry and Human Development	2007 -
Invited Grant Reviewer, Israel Science Foundation	2006
<u>Consulting Editor</u> , Journal of Cardiopulmonary Rehabilitation	1999 -

Invited Grant Reviewer, Department of Veterans Affairs Merit  
Review Grant Program 1998

Consulting Editor, Journal of Consulting and Clinical Psychology 1987

Ad hoc reviewer of journal manuscripts 1981 -

Journal of Consulting and Clinical Psychology, Addictive Behaviors,  
Journal of Abnormal Psychology, Psychological Bulletin, Journal of Clinical  
Child Psychology, Journal of Social and Clinical Psychology, Behavior Therapy,  
Journal of Personality and Social Psychology, Journal of Cardiopulmonary  
Rehabilitation, Journal of Clinical Child and Adolescent Psychology, Journal of  
Psychosomatic Research, Archives of General Psychiatry, Child Abuse &  
Neglect, Behaviour Research and Therapy, Journal of Affective Disorders,  
Research in Developmental Disabilities, Clinical Psychology Review, Journal of  
Anxiety Disorders

Ad hoc reviewer for textbooks and book chapters 1984 - Present

Random House, MacMillan Co, Harper Collins Publishers, Wiley, and Guilford  
Press

## *Educational Activities*

### *Teaching Activities*

**ASSUMPTION COLLEGE** 1989 -

Teach approximately 130 sections of undergraduate and graduate (masters-level) courses.

Course enrollments for undergraduate courses ranged from 10 to 90 students.

Course enrollments for graduate courses ranged from 20 to 35 students.

**Undergraduate courses:** Issues in Psychology, General Psychology, Abnormal Psychology, Clinical Psychology, Psychology of Learning, Research Seminar, individualized Directed Readings courses

**Graduate courses:** Abnormal Psychology, Cognitive Assessment and Therapy I, Cognitive Assessment and Therapy II, Cognitive Assessment and Psychotherapy, Cognitive-Behavioral Interventions for Depression and Anxiety, Cognitive-Behavioral Assessment of Adults, Psychological Interventions for Addictive Behaviors, Counseling Internship I & II, and Fieldwork in Counseling I & II, Cultural Competencies in Counseling, Issues in Professional Practice, Professional Integrative Seminar, individualized Independent Study courses

**UNIVERSITY OF MASSACHUSETTS MEDICAL SCHOOL** 1987 -  
Present

### **Department of Psychiatry**

Department of Psychiatry 1995 -

Teach 2 - 5 per year didactic lectures to PGY-2, PGY-3, and PGY-4 Psychiatry Residents on cognitive-behavioral assessment, cognitive-behavioral therapy for depression, anxiety disorders, alcohol abuse, principles of cognitive-behavioral therapy and treatment planning

Department of Psychiatry 1995 -

Provide weekly individual supervision in cognitive-behavioral therapy to 2 PGY-3 or PGY-4 Psychiatry Residents each year

Department of Psychiatry 1995 -

Serve on committee chaired by Alan Rosenbaum, Ph.D. or Robert Carey, Ph.D. (subsequently) to oversee and update the Psychiatry Residency Training Program curriculum in cognitive-behavioral therapy

Department of Psychiatry 1993 - 1995

Serve on committee chaired by Dr. Paul Barreira, Director of Psychiatry Residency Training Program, to develop the curriculum for residency training in cognitive-behavioral therapy

### **Department of Medicine**

Division of Preventive and Behavioral Medicine 1987 - 1989

Teach interviewing course to medical students

**AUBURN UNIVERSITY** 1982 - 1987

Teach approximately 30 sections of undergraduate and graduate (doctoral-level) courses

Undergraduate courses: Introduction to Psychology, Abnormal Psychology, and Psychology of Personal Adjustment

Graduate courses (**Doctoral level**): Abnormal Psychology, Advanced Behavior Therapy, and Seminar in Behavioral Medicine.

### **UNIVERSITY OF MISSOURI - COLUMBIA**

Department of Psychology, 1979 - 1980

Teach 6 sections of Psychology of Personal Adjustment

Graduate Teaching Assistant and Course Coordinator,

Department of Psychology 1978 - 1979

General Psychology (both teaching and administrative responsibilities included.)

Graduate Teaching Assistant, Department of Psychology 1977 - 1978

Advanced Abnormal Psychology and General Experimental Psychology

### *Advising and Supervision Activities*

#### **ASSUMPTION COLLEGE**

**2012 - 2013**

Provide weekly individual supervision in cognitive-behavioral therapy to 2 Counseling Psychology Program internship students providing mental health and addiction counseling at the Hector Reyes House program

**2010 - 2011**

Provide weekly individual supervision in cognitive-behavioral therapy to 2 Counseling Psychology Program internship students providing mental health and addiction counseling at the Hector Reyes House program

Supervise 3 - 5 Graduate (research) Fellows per years in research activities

**1999 -**

#### **UNIVERSITY OF MASSACHUSETTS MEDICAL SCHOOL**

Department of Psychiatry

1995 -

Provide weekly individual supervision in cognitive-behavioral therapy to 2 PGY-3 or PGY-4 Psychiatry Residents each year

#### **AUBURN UNIVERSITY**

1982 - 1987

Provide individual psychotherapy supervision to 20+ doctoral-level clinical psychology students in clinical practicum.

Direct 5 masters theses and 3 doctoral dissertations



## Research Grants

### ASSUMPTION COLLEGE

#### **Assumption College - Department of Psychiatry/University of Massachusetts Collaborative Pilot Research Program (CPRP)**

2014 "Determining Predictors of Adolescent Readmission to Inpatient Substance Abuse Programs - A pilot study of Post-Discharge Events" (Co-Investigators, Daniel Melle - Community Healthlink, Karen Albert, Monika Kolodziej, Rosalie Torres Stone, Gina Vincent - Department of Psychiatry, UMass Medical School) (\$7,500)

### **Faculty Development Grants**

2019 Treating Complex PTSD using a Cognitive Restructuring approach in a Community Mental Health Setting (\$3,500)

2018 - 2020 "The nature and treatment of posttraumatic stress disorder (PTSD) in individuals who experience serious and persistent substance abuse and mental disorders" - Course load reduction for scholarship award

2014 "Dual failure model for depressed youth: Profiling aggression, poor peer relations, and academic difficulties" (\$3,5000)

2012 "Predictors of Readmission to an Inpatient Substance Abuse Treatment Facility for Adolescents" (\$3,5000)

2010 "The CBCL Bipolar Profile and Attention, Mood, and Behavior Dysregulation" (\$3,500)

2008 "Antecedents to psychiatric hospitalization" (\$3,200)

2006 "Separation anxiety and panic disorder in clinically referred youth" (\$3000)

2004 "Panic Disorder in children and adolescents" (\$3000)

2002 "Psychosocial Issues Involved with Rehabilitation of Cardiac Patients" (\$2000)

2000 Research on Psychotherapy Outcome Assessment and Posttraumatic Stress Disorder in People who Survive a Heart Attack (\$3000)

1998 "An evaluation of two self-report scales for psychiatric outcome in two mental health clinics." (\$3000)

1995 "Self-monitored marital interaction in depressed, manic, and distressed couples" (\$3295)

1992 "Symptoms of posttraumatic stress disorder following myocardial infarction or coronary artery bypass surgery." (\$1920)

## **AUBURN UNIVERSITY**

Auburn University Grants-In-Aid

1984 - 1986 "Interpersonal reactions in depressed individuals." (\$3000)

1984 - 1985 "An in-depth investigation of how women cope with depression." (\$3000)

National Institute of Mental Health

1984 - 1985 "Rejection and depression: Do friends make a difference?" (\$15000)

## **Publications**

### **Peer-Review Publications**

Doerfler, L. A., Volungis, A. M., & Connor, D. F. (in press). Co-occurrence and differentiation of oppositional defiant and mood disorders among children and adolescents. Journal of Child and Family Studies.

Doerfler, L. A., Gaba, A., & Bruzios, K. (2019). A Practical Guide to Providing Trauma-Informed Care in MISSION. Available at: [www.missionmodel.org](http://www.missionmodel.org)

- Kirsch, D. J., Doerfler, L. A., & Domakonda, M. (in press). Chart review study of prescription of antipsychotic medication in college students referred for psychopharmacologic evaluation. Journal of College Student Psychotherapy.
- Yang, C., Nestadt, G., Samuels, J. F., & Doerfler, L. A. (in press). Cross-cultural differences in the perception and understanding of obsessive-compulsive disorder in East Asian and western cultures. International Journal of Culture and Mental Health.
- Hom, M. A., Rogers, M. L., Schneider, M. E., Chiurliza, B., Doerfler, L. A., Walsh, B. W., & Joiner, T. E. (2018). Atypical and severe non-suicidal self-injury as an indicator of severe psychopathology: Findings from a sample of high-risk community mental health clients. Journal of Nervous and Mental Disease, 206, 582-588.
- Doerfler, L. A., Melle, D., McLaughlin, T., & Fisher, W. H. (2016). Do Stages of Change Readiness and Treatment Eagerness Scale (SOCRATES) Scores Predict Readmission to an Inpatient Substance Abuse Treatment Program for Adolescents? Journal of Child and Adolescent Psychopharmacology, 25, 516-521.
- Danforth, J. S., Connor, D. F., & Doerfler, L. A. (2016). The development of comorbid conduct disorder in children with ADHD: An example of an integrative developmental psychopathology perspective. Journal of Attention Disorders, 20, 214-229.
- Kirsch, D. J., Domakonda, M., Doerfler, L. A., & Ahn, M. S. (2015). An elective in college mental health for training adult psychiatry residents in young adult psychiatry. *Academic Psychiatry*, 39, 544-548.
- Kirsch, D. J., Doerfler, L. A., & Truong, D. (2015). Mental Health Issues Among College Students: Who Gets Referred for Psychopharmacology Evaluation? American Journal of College Health, 63, 50-56.
- Kirsch, D. J., Pinder-Amaker, S. L., Morse, C., Ellison, M L., Doerfler, L. A., & Riba, M. B. (2014). Population-based initiatives in college mental health: Students helping students to overcome obstacles. Current Psychiatry Reports, 16, 525.
- Aupont, O., Doerfler, L. A., Connor, D. F., Stille, C., Tisminetzky, M., & McLaughlin, T. J. (2013). A collaborative care model to improve access to pediatric mental health services. Administration and Policy in Mental Health, 40, 264-273.

- Doerfler, L. A., Connor, D. F., & Toscano, P. F. (2011). Aggression, ADHD Symptoms, and Dysphoria in Children and Adolescents Diagnosed with Bipolar Disorder and ADHD. Journal of Child and Family Studies, 20, 545-553.
- Doerfler, L. A., Connor, D. F., & Toscano, P. F. (2011). The CBCL Bipolar Profile and Attention, Mood, and Behavior Dysregulation. Journal of Affective Disorders, 131, 312-319.
- Doerfler, L. A., Moran, P.W., & Hannigan, K. E. (2010). Situations associated with admission to an acute care inpatient psychiatric unit. Psychological Services, 7, 254-265.
- Doerfler, L. A., Toscano, P. F., & Connor, D. F. (2009). Sex and aggression: The relationship between gender and abuse experience in youngsters referred to residential treatment. Journal of Child and Family Studies, 18, 112-121.
- Connor, D. F., & Doerfler, L. A. (2009). ADHD and comorbid oppositional defiant and conduct disorder. Current Attention Disorder Reports, 1, 5-11.
- Connor, D. F., & Doerfler, L. A. (2008). ADHD with comorbid oppositional defiant disorder or conduct disorder: Discrete or nondistinct behavior disorders? Journal of Attention Disorders, 12, 126-134.
- Doerfler, L. A., Toscano, P. F., & Connor, D. F. (2008). Separation anxiety and panic disorder in clinically referred youth. Journal of Anxiety Disorders, 22, 602-611.
- Connor, D. F., Ford, J. D., Albert, D. B., & Doerfler, L. A. (2007). Conduct disorder subtype and comorbidity. Annals of Clinical Psychiatry, 19, 161-168.
- Doerfler, L. A., Connor, D. F., Volungis, A. M., & Toscano, P. F. (2007). Panic disorder in clinically referred children and adolescents. Child Psychiatry and Human Development, 38, 57-71.
- Doerfler, L. A., Paraskos, J. A., & Piniarski, L. (2005). Relationship of Quality of Life and Perceived Control with Posttraumatic Stress Disorder Symptoms 3-6 Months After Myocardial Infarction. Journal of Cardiopulmonary Rehabilitation, 25, 166-172.
- Doerfler, L. A., & Paraskos, J. A. (2005). Posttraumatic stress disorder in patients with coronary heart disease: Screening and management implications. Canadian Journal of Cardiology, 21, 689-697.

- Doerfler, L. A., & Paraskos, J. A. (2004). Anxiety, posttraumatic stress disorder, and depression in patients with coronary heart disease: A practical review for cardiac rehabilitation professionals. Journal of Cardiopulmonary Rehabilitation, 24, 414-421.
- Connor, D. F., Doerfler, L. A., Toscano, P. F., Volungis, A. M., & Steingard, R. J. (2004). Characteristics of children and adolescents admitted to a residential treatment center. Journal of Child and Family Studies, 13, 497-510.
- Connor, D. F., Doerfler, L. A., Volungis, A. M., Steingard, R. J., & Melloni, R. H. (2003). Aggressive behavior in abused children. Annals of the New York Academy of Sciences, 1008, 79-90.
- Doerfler, L. A., Addis, M. E., & Moran, P. W. (2002). Evaluating mental health outcomes in an outpatient setting: Convergent and divergent validity of the OQ 45 and BASIS-32. Journal of Behavioral Health Services & Research, 29, 394-404.
- Moran, P. W., Doerfler, L. A., Scherz, J., & Lish, J. D. (2000). Rehospitalization of psychiatric patients in a managed care environment. Mental Health Services Research, 2, 191-199.
- Doerfler, L.A., Pbert, L., & DeCosimo, D. (1997). Self-reported depression in patients with coronary heart disease. Journal of Cardiopulmonary Rehabilitation, 17, 163-170.
- Doerfler, L.A. (1997). Posttraumatic stress disorder-like symptoms 1 week to 3 months after myocardial infarction. International Journal of Rehabilitation and Health, 3, 89-97.
- Doerfler, L.A., & Aron, J. (1995). Relationship of goal setting, self-efficacy, and self evaluation in dysphoric and socially anxious women. Cognitive Therapy and Research, 19, 725-741.
- Doerfler, L.A., Pbert, L., & DeCosimo, D. (1995). Response to Gross and Kindler. General Hospital Psychiatry, 17, 56-57
- Doerfler, L.A., Pbert, L., & DeCosimo, D. (1994). Symptoms of posttraumatic stress disorder following myocardial infarction or coronary artery bypass surgery. General Hospital Psychiatry, 16, 193-199.

- Pbert, L., Doerfler, L.A., & DeCosimo, D. (1992). An evaluation of the perceived stress scale in two clinical populations. Journal of Psychopathology and Behavioral Assessment, 14, 363-375.
- Garcia, M.E., Schmitz, J.M., & Doerfler, L.A. (1990). A fine-grained analysis of the role of self-efficacy in self-initiated attempts to quit smoking. Journal of Consulting and Clinical Psychology, 58, 317-322.
- Morgan, R.K., & Doerfler, L.A. (1989). Behavior therapy on family systems therapy? A case study in the treatment of adolescent obesity. The Behavior Therapist, 12, 122, 138.
- Doerfler, L. A., Felner, R. D., Rowlison, R. T., Raley, P. A., & Evans, E. (1988). Depression in children and adolescents: A comparative analysis of the utility of two assessment measures. Journal of Consulting and Clinical Psychology, 56, 769-772.
- Doerfler, L. A., & Chaplin, W. F. (1985). Type III error in research on interpersonal models of depression. Journal of Abnormal Psychology, 94, 227-230.
- Doerfler, L. A., Mullins, L., Griffin, N., Siegel, L. J., & Richards, C. S. (1984). Problem solving deficits in depressed children, adolescents, and adults. Cognitive Therapy and Research, 8, 489-500.
- Doerfler, L. A., Parker, J. C., & Karol, R. L. (1984). Gate control theory and behavioral interventions for chronic pain: Beyond the operant approach. Psychological Documents, 14, 11. (Ms. No. 2624).
- Doerfler, L. A., & Richards, C. S. (1983). College women coping with depression. Behaviour Research and Therapy, 21, 221-224.
- Parker, J. C., Doerfler, L. A., Tatten, H. A., & Hewett, J. E. (1983). Psychological factors influencing self-reported pain. Journal of Clinical Psychology, 39, 22-25.
- Parker, J. C., Karol, R.L., & Doerfler, L. A. (1983). Pain unit director: Role issues for health psychologists. Professional Psychology: Research and Practice, 14, 232-239.
- Rychtarik, R.K., Smith, P. O., Jones, S. L., Doerfler, L., Hale, R., & Prue, D. M. (1983). Assessing disulfiram compliance: Validation study of an abbreviated breath test procedure. Addictive Behaviors, 8, 361-368.

- Doerfler, L. A. (1981). Psychological research on depression: A methodological review. Clinical Psychology Review, 1, 119-137.
- Karol, R. L., Doerfler, L. A., Parker, J. C., & Armentrout, D. P. (1981). A Therapist manual for the cognitive-behavioral treatment of chronic pain. JSAS Catalog of Selective Documents in Psychology, 11, 15-16. (Ms. No. 2205).
- Doerfler, L. A., & Richards, C. S. (1981). Self-initiated attempts to cope with depression. Cognitive Therapy and Research, 5, 367-371.

### **Book Chapters**

- Doerfler, L. A., Toscano, P. F., & Connor, D. F. (2012). Panic disorder. In R. J. R. Levesque (Ed.), Encyclopedia of Adolescence (p. 1957 - 1961). New York: Springer.
- Doerfler, L. A., & Paraskos, J. A. (2012). Post traumatic Stress Disorder and Heart Disease. In M. Riba, M. Wilsin, & L. Rubenfire, (Eds.), Psychiatry and heart disease: The mind, brain, and heart (pp. 153-164). West Sussex, UK: Wiley-Blackwell, John Wiley & Sons.
- Doerfler, L. A., & Paraskos, J. A. (2012). Posttraumatic stress disorder following myocardial infarction or cardiac surgery. In R. Allen & J. Fisher (Eds.) Heart & mind: The evolution of cardiac psychology (p. 249 - 268). Washington, DC: American Psychological Association.
- Walsh, B., & Doerfler, L. A. (2009). Residential treatment of self-injury. In M. Nock (Ed.), Self-injury (pp 271-290). Washington, DC: American Psychological Association.
- Ockene, I.S., Doerfler, L.A., & Ockene, J.K. (1990). Psychosocial and behavioral factors during recovery from myocardial infarction. In G.S. Francis & J. Alpert (Eds.), Modern coronary care. Boston: Little Brown.

### **Manuscripts Under Editorial Review**

- Doerfler, L. A., Melle, D., & McLaughlin, T. Factor Structure and Sensitivity to Change of the Stages of Change Readiness and Treatment Eagerness Scale (SOCRATES) in a Sample of Adolescents Admitted to an Inpatient Substance Abuse Treatment Program.





**Papers Read at National/International Meetings**

- Doerfler, L. A., Wolloff, A., & Gregware, S. (2018). Treating complex PTSD using a cognitive restructuring approach in a community mental health setting. Paper presented at the 52nd annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Volungis, A., Morse, E., Fox, L., & Doerfler, L. (2018). High school suicide prevention: Follow-up to a psychoeducation program pilot study. Poster presented at the 89th annual convention of the Eastern Psychological Association, Philadelphia, PA.
- Doerfler, L. A., & Wilfred, S. (2017). Association of arrest history with depression, PTSD, and anger in men admitted to a residential substance abuse program. Paper presented at the 51st annual convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Doerfler, L. A. (2016). Association of PTSD, depression, and anger in Latino men admitted to a residential substance abuse treatment program. Paper presented at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Volungis, A. M., Geertsma, J., Remen, A., Doerfler, L. A. (2016). Clinical characteristics of individuals who enter a community-based DBT program. Paper presented at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Doerfler, L. A., Kuersten Hogan, R., Kalpidou, M., Parmley, M., & Volungis, A. M. (2016). A collaboration model as a means to balance teaching and scholarship demands. Panel discussion at Northeast Conference for Teachers of Psychology. Worcester, MA.
- Doerfler, L. A., Danforth, J. S., Connor, D. & Volungis, A. (2015). Is depression associated with higher levels of aggression in youth who are diagnosed with ADHD? Paper presented at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Doerfler, L. A., Volungis, A., & Connor, D. (2014). Evaluating The Clinical Utility Of The ADHD Rating Scale In A Clinic Population. Paper presented at the 48th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

- Doerfler, L. A., Volungis, A., & Connor, D. (2014). Absence of the irritable dimension within oppositionality as a predictor of depression in a clinic sample of youth. Paper presented at the 48th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Symolon, M., Doerfler, L. A., & Volungis, A. (2014). Evaluating The Clinical Utility Of The ADHD Rating Scale In A Clinic Population. Paper presented at the 54<sup>th</sup> annual meeting of the New England Psychological Association, Bates College, Lewiston, Maine.
- Kirsch, D., & Doerfler, L. A. (2013). Mental health issues among college students: Who gets referred for psychopharmacology evaluation? Paper presented at the 47th annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Doerfler, L. A., Melle, D., & Fisher, W. H. (2012). Do SOCRATES scores predict readmission to an inpatient substance abuse program for adolescents? Paper presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Volungis, A. M., Doerfler, L. A., Toscano, P. F., & Connor, D. F. (2012). The absence of gender differences in co-occurring internalizing and externalizing disorders in youth. Paper presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Doerfler, L. A., Melle, D., Haddad, D., & Cram, M. (2011). Psychometric evaluation of the SOCRATES in adolescents admitted to an inpatient substance abuse treatment program. Paper presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto.
- Nunes, N. M. P., Doerfler, L. A., Toscano, P. F., & Connor, D. F. (2011). Dual failure model for depressed youth: Profiling aggression, poor peer relations, and academic difficulties. Paper presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto.
- Castiel, M., Doerfler, L.A., & Fortuna, L. (2010). Advocacy in the development of culturally sensitive addiction care. Paper presented at the 15<sup>th</sup> annual convention of the National Hispanic Medical Association, Washington, DC.

- Doerfler, L. A., Toscano, P. F., & Connor, D. F. (2009). Complex dysregulation and the CBCL in clinically referred youngsters: A new phenotype? Paper presented at the 43rd annual convention of the Association for Behavioral and Cognitive Therapies, New York.
- Doerfler, L. A., Doring, E. M., Toscano, P. F., & Connor, D. F. (2009). Developmental origins of reactive and proactive aggression in two clinical samples. Paper presented at the 43rd annual convention of the Association for Behavioral and Cognitive Therapies, New York.
- Doerfler, L. A., Hannigan, K., & Moran, P. W. (2008). Antecedents to psychiatric hospitalization. Paper presented at the 42nd annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Doerfler, L. A., & Connor, D. F. (2008). Differentiating bipolar disorder and ADHD. Paper presented at the 42nd annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Doerfler, L. A. (2007). Expanding the focus of CBT training to all mental health disciplines. Panel discussion, the 41st annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Handley, K. B., & Doerfler, L. A. (2007). Teaching and learning across the spectrum: Exploring new opportunities for disseminating empirically supported treatments. Panel discussion, the 41st annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Doerfler, L. A., Toscano, P. F., & Connor, D. F. (2007). Gender differences in youngsters in residential treatment. Paper presented at the 41st annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Doerfler, L. A., Toscano, P. F., & Connor, D. F. (2006). Separation anxiety hypothesis and panic disorder in youngsters. Paper presented at the 40th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Toscano, P. F., & Doerfler, L. A. (2006). "Fight or flight": Relationship of anxiety, oppositionality, and aggression in a clinical population of youth. Paper presented at the 40th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

- Doerfler, L. A., Toscano, P. F., Volungis, A. M., & Connor, D. F. (2005). Panic disorder in clinically referred children and adolescents. Paper presented at the 39th annual convention of the Association for Advancement of Behavior Therapy, Washington, D.C.
- Doerfler, L. A. (2001). Training master-level clinicians in cognitive-behavioral therapy. Panel discussion at the 35th annual convention of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Doerfler, L.A., & Moran, P. W. (1997). Self-reported symptom severity and clinical factors as predictors of psychiatric hospital readmission. Paper presented at the 31st annual convention of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- Doerfler, L.A. (1996). Symptoms of PTSD 1 to 3 months after myocardial infarction. Paper presented at the 30th annual convention of the Association for Advancement of Behavior Therapy, New York, NY.
- Doerfler, L.A., Moran, P.W., Barreira, P., Chaplin, M., & Brown, L. (1995). Marital satisfaction and marital communication in depressed, manic, and normal couples. Paper presented at the 29th annual convention of the Association for Advancement of Behavior Therapy, Washington, D.C.
- Doerfler, L.A., Pbert, L., & DeCosimo, D. (1993). Symptoms of posttraumatic stress disorder In cardiac patients. Paper presented at 13th annual convention of the Society of Behavioral Medicine, New York, NY.
- Pbert, L., Doerfler, L.A., & DeCosimo, D. (1993). Coping & Adjustment in cardiac rehabilitation patients. Paper presented at 13th annual convention of the Society of Behavioral Medicine, New York, NY.
- Pbert, L., Doerfler, L.A., & DeCosimo, D. (1991). Perceived stress in three clinical populations. Paper presented at 25th annual convention of the Association for Advancement of Behavior Therapy, New York.
- Doerfler, L.A., Gurry, M., & Shakman, A. (1989). Issues in promoting well-being in the workplace. In K. W. Kuhnert (Chair), Well-being at work: Profits, programs, and prevention. Symposium presented at 96th annual convention of the American Psychological Association, Atlanta, GA.
- Morgan, R. K., & Doerfler, L. A. (1989). Coping with heart disease: Wives of victims. Paper presented at 23rd annual convention of the Association for Advancement of Behavior Therapy, Washington, D.C.

- Doerfler, L. A., Schmitz, J. M., & Garcia, M. E. (1987). Coping in self-initiated cessation attempts. Paper presented at 95th annual convention of the American Psychological Association, New York, NY.
- Aron, J., & Doerfler, L. A. (1987). Self-evaluation and depression. Paper presented at 21st annual convention of the Association of Behavior Therapy, Boston, MA.
- Garcia, M. E., Schmitz, J. M., & Doerfler, L. A. (1987). Unaided attempts to quit smoking: The relationship of self-efficacy and outcome. Paper presented at 21st annual convention of the Association for Advancement of Behavior Therapy, Boston, MA.
- Stratton, P. D., & Doerfler, L. A. (1987). Effects of valence on the accuracy and reactivity of self-monitoring in depressed individuals. Paper presented at 21st annual convention of the Association for Advancement of Behavior Therapy, Boston, MA.
- Doerfler, L. A., Felner, R. D., & Rowlison, R. T. (1987). The relation of self-reported depression and anxiety in children and adolescents. Paper presented at 21st annual convention of the Association for Advancement of Behavior Therapy, Boston, MA.
- Frid, D., Ockene, J. K., Kabat-Zinn, J., Tarbell, S., & Doerfler, L. (1988). Training primary care physicians in behavioral medicine: Graduate medical education. In J. K. Ockene (Chair), Training primary care physicians in behavioral medicine: An exploration of the issues. Symposium presented at 9th annual convention of The Society of Behavioral Medicine, Boston, MA
- Morgan, R. K., & Doerfler, L. A. (1985). Interpersonal consequences of depression: Reactions of friends and strangers. Paper presented at 19th annual convention of the Association for Advancement of Behavior Therapy, Houston, TX.
- Doerfler, L. A., & Richards, C. S. (1980). Adults coping with depression. In C. S. Richards (Chair) Self-control in the real world: Investigation of self-initiated attempts to cope with personal problems. Symposium presented at the 14th annual convention of the Association for the Advancement of Behavior Therapy, New York, N.Y.

### *Papers at Local/Regional Meetings*

- Doerfler, L. A. (2013). Is This Clinical Research or a Quality Improvement Project? Assessing the Outcome of Inpatient Substance Abuse Treatment for Adolescents. Psychiatry Grand Rounds Presentation, University of Massachusetts Medical School.
- Doerfler, L. A. (2013). The use of the SOCRATES as an outcome measure with an adolescent inpatient population. Symposium presented at Innovations in Addictions: Integrating Systems and Services conference. Massachusetts Bureau of Substance Abuse Services, Norwood, MA.
- Doerfler, L. A. (2013). Assessing outcomes for an inpatient substance abuse treatment program for adolescents: Integration of research and quality improvement. Invited presentation, Department of Psychology, University of Rhode Island.
- Doerfler, L. A. (2013). Program evaluation: Why would clinicians find this of value? Invited presentation, ServiceNet, Northampton, Massachusetts.
- Doerfler, L. A., Kirsch, D., Kneeland, J., Truong, D., & McGrath, M. (2012). Mental Health Issues Among College Students: Who Gets Referred for Psychopharmacology Evaluation? Paper presented at the 52<sup>nd</sup> annual convention of the New England Psychological Association, Worcester, MA.
- Doerfler, L. A., Hobart, M., Truong, D., & Kus, K. (2012). The Nature and Factors Associated With Adverse Outcomes in Community Mental Health Center Patients. Paper presented at the 52<sup>nd</sup> annual convention of the New England Psychological Association, Worcester, MA.
- Doerfler, L. A., Volungis, A., McGrath, M., Angelone, J., Chin, J., Bazydlo, T., & Toscano, P. F. (2012). Collaboration among schools, community agencies, and academic institutions to address bullying in the public schools. Symposium presented at the 52<sup>nd</sup> annual convention of the New England Psychological Association, Worcester, MA.
- Doerfler, L. A. (2005). Panel discussion on the treatment of depressed children and adolescents in pediatric primary care settings. Presentation to 28<sup>th</sup> Annual Office Pediatrics Symposium, Department of Pediatrics, University of Massachusetts Medical School.

Doerfler, L. A., & Connor, D. F. (2003). Panic disorder in clinically referred children and adolescents. Grand Rounds presentation to Department of Psychiatry, University of Massachusetts Medical School.

Doerfler, L. A. (1998). Childhood depression. Grand Rounds presentation, Department of Pediatrics, University of Massachusetts Medical Center.

Doerfler, L. A. (1997). Childhood depression. Grand Rounds presentation Department of Pediatrics, Tufts University Medical School.

Doerfler, L. A. (1997). Posttraumatic stress disorder in heart attack survivors. Grand Rounds presentation, Center for Psychiatry, St. Vincent Hospital, Worcester, MA.

Doerfler, L. A., & Moran, P.W. (1996). Self-reported symptom severity and clinical factors as predictors of psychiatric hospital readmission. Grand Rounds presentation to Department of Psychiatry, University of Massachusetts Medical Center.

Doerfler, L. A., Felner, R. D., Raley, P. A., Rowlison, R. T., & Evans, E. (1986). Developmental patterns of depression in childhood and adolescence: A comparison of mood and syndrome perspectives. In L. A. Doerfler (Chair), *Depression in childhood: Assessment and construct validation*. Symposium presented at 32nd annual convention of the Southeastern Psychological Association, Kissimmee, FL.

Felner, R. D., Doerfler, L. A., Rowlison, R. T., Raley, P. A., & Evans, E. (1986). Depression in children and adolescents: A multitrait multi-method investigation of developmental correlates. In L. A. Doerfler (Chair). *Depression in childhood: Assessment and construct validation*. Symposium presented at 32nd annual convention of the Southeastern Psychological Association, Kissimmee, FL.

Doerfler, L. A., Mullins, L. L., Griffin, N. J., Siegel, L. J., & Richards, C. S. (1984). Problem-solving deficits in depressed children, adolescents, and adults. Paper presented at the 30th annual convention of the Southeastern Psychological Association, New Orleans, LA.

Doerfler, L. A. (1984). Life-Style issues in the management of chronic pain and cardiovascular disease. In D. D. Davis & J. Gillespie (Chair) *Community perspectives on health psychology*. Symposium presented at the 30th annual convention of the Southeastern Psychological Association, New Orleans, LA.

- Alford, G. S., Zimering, R., & Doerfler, L. A. (1983). The effects of neutral and aversive/competitory imagery on penile tumescence responses to extrinsic sexual stimulus materials: Assessment and treatment of pedophilic exhibitionist. Paper presented at the 29th annual convention of the Southeastern Psychological Association, Atlanta, GA.
- Webster, J. S., Doerfler, L. A., & Gouvier, W. M. (1983). Computer applications in cognitive rehabilitation. Paper presented at the 29th annual convention of the Southeastern Psychological Association, Atlanta, GA.
- Karol, R. L., Chida, T., Doerfler, L. A., & Richards, C. S. (1982). Fostering maintenance: A strategies package to combat smoking relapse. Paper presented at the annual convention of the Midwestern Psychological Association, Minneapolis, MN.
- Doerfler, L. A., & Martin, J. E. (1982). Depression, pain, and cardiac rehabilitation: An overview. In J. E. Martin (Chair), *Before and after the heart attack: Behavioral approaches to the modification of coronary risk*. Symposium presented at the 28th annual convention of the Southeastern Psychological Association, New Orleans, LA.
- Martin, J. E., Doerfler, L. A., Lombardo, T., & Haber, J. F. (1982). *After the heart attack: Case studies in the behavioral rehabilitation of the coronary patient*. In J. E. Martin (Chair) *Before and after the heart attack: Behavioral approaches to the modification of coronary risk*. Symposium presented at the 28th annual convention of the Southeastern Psychological Association, New Orleans, LA.

### *Committee Assignments and Administrative Service*

#### UNIVERSITY OF MASSACHUSETTS MEDICAL SCHOOL

Psychiatry Grand Rounds Committee	1997 -
Psychiatry Residency Training Program CBT Curriculum Committee	1995 -
Ad hoc committee to develop CBT curriculum for Psychiatry Residency Training Program	1993 - 1995



**ASSUMPTION COLLEGE**

Chair, Academic Assessment Committee	2008 -
Director, Counseling Psychology Program	1997 -
Director, Aaron T. Beck Institute for Cognitive Studies	1999 -
Internship Coordinator, Counseling Psychology Program	1992- 2000
Chair, Evaluation (Tenure & Promotion) Committee	1999 - 2000
Chair, Institutional Review Board	1994 - 2000

Chaired 2 faculty search committees for Counseling Psychology Program

Member of several faculty search committees for Departments of Psychology and Department of Rehabilitation Services

**Consultation Experience**

Bridge of Central Massachusetts, Worcester, MA	2008 - Present
ServiceNet, Inc., Northampton, MA	2002 - 2003 2012 -
Center for Psychiatry, St. Vincent Hospital, Worcester, MA	1996 - 2000
Boston Road Clinic, Worcester, MA	1994 - 2000
Auburn University Student Mental Health Center	1983 - 1987
Junior Olympic Archery Development Program, Olympic Training Center, Colorado Springs, Colorado	1985
Elite Archers Training Program, Auburn University in Montgomery	1984

**Community Service**

Trustee, the Bridge of Central Massachusetts 2007- Present

Program Committee, Strategic Planning Committee, Advisory Committee  
for Training Institute for Evidence-Based Practice

Vice President, Latin American Health Alliance 2008- Present

Chair of Program Committee for Hector Reyes House Program