

Agencies and school districts that support employees with tuition assistance help them develop and share the knowledge, skills and practices of the Resiliency Program for their professional settings. To support the importance of social emotional learning and shift the paradigm further in the community, Professor Mary Ann Mariani and Professor Lea Christo provide professional development and consultation.

Massachusetts Department of Children and Families (DCF) workshop training “Building Resiliency with Mindful Self-Compassion”, held June 18, 2019

Marlboro Public Schools Professional Development training “Boosting Resilience with School Counselors”, held June 25, 2018.

Hildreth, Marlboro Alternative High School implementation of the “Making Friends with Yourself: A MSC curriculum for teens” conducted over Spring semester 2019.

Youth Connect, a program of the Boys and Girls Club of Boston, “Building Real Time Resilience” professional development training held October 12 and 26, 2018

New England College Health Association (NECHA) presenter, “Bringing Resilience Programs to Campus” November 8, 2018

The Bridge of Central Massachusetts training “Real Time Resilience through Mindful Self-Compassion: Improving Performance and Job Satisfaction” May 4, 2018 and again May 31, 2018.

Positive Aging Symposium presentation “Factors of Resilience” held May 10, 2017

Worcester Institute for Senior Education, “Mindful Self-Compassion” Spring semester 2017 (8 week enrichment course)

NECHA conference presenter, “Real Time Resilience and Skills: Mindful Self-Compassion & Psychoeducational Resiliency Interventions for Ourselves and Our Students”, Nov. 2, 2016